



## **Clare Barry**

***Owner, Avalon Laser Health Physiotherapy & Wellness***

Following a rich, varied career as an educator, upon retirement, Clare opened Avalon Laser Health Physiotherapy and Wellness with her sister, Estelle. There, Clare channels her passion for education into sharing information about wellness, healing and a healthy lifestyle. She is proud to help people living with physical injuries and chronic pain find a pathway back to health.

Avalon Laser Health Physiotherapy and Wellness is a health and wellness clinic with a difference. Based on an integrative model of care, Avalon Laser Health offers Physiotherapy, Naturopathic Medicine, Massage Therapy and Laser Therapy to its wellness focussed clientele. We help people deal with injury and chronic pain conditions without pain medications so they become more active and live their lives healthy and strong.