
NLOWE 2021 ANNUAL CONFERENCE

In Newfoundland and Labrador *women mean business.*



Judit Lovas

Judit Lovas Coaching and Consulting

Workshop Presenter

April 14 | 10:00 AM (NDT)

How to Beat Impostor Syndrome and Build Self-Confidence to Achieve Extraordinary Success

Dr. Lovas, a lawyer turned success coach, runs her consulting business in St. John's. She works internationally with individuals, entrepreneurs and organizations, helping them achieve extraordinary career and business success.

Judit believes that behind every successful business there is a leader with a crystal-clear understanding of success. She passionately teaches everyone how to apply the principles of success to their lives and businesses.

Judit promotes her workplace wellness program developed for organizations who want to achieve great success while keeping their employees happy, healthy, and productive.

Judit is a mother of her two teenage daughters, and in her free time she loves cooking, running and reading.