

Clare Barry, Avalon Laser Health – live without pain

Name:

Clare Barry

Business name:

Avalon Laser Health Clinic Inc.
12 Gleneyre Street, Suite 306
Wedgewood Medical Centre
St. John's, NL

Title:

Director, Manager Education and Marketing

Education:

Bachelor of Arts
Bachelor of Education
Master of Education



The Business:

We are a multi-disciplinary health clinic offering chiropractic, acupuncture, massage therapy, athletic therapy, low intensity laser therapy and thermography. Our mandate is to treat acute and chronic pain conditions with low-intensity laser therapy. Our health care team works collaboratively to get the best treatment results for our patients. Our goal is to help our patients live their lives fully, without pain.

We also do thermography, infrared screening for a variety of health conditions including breast cancer. This is very important to me as there is a very real need for alternative, safe screening of life threatening diseases for people interested in living a full, healthy life.

Number of Employees:

Six full-time and two part-time.

Relevant Past Work Experience:

I am a retired teacher with 30 years of varied experience in education. In my volunteer life, I chaired the Tuckamore Chamber Music Festival for six years. Through these experiences, I have learned what it takes to accomplish one's goals and the importance of a vision. Health and wellness has been a lifelong interest and when I became aware of the need for a different type of health clinic with an alternative method to promote healing, I mustered my courage and went for it.

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Biggest Success:

The important successes come every day in the successful treatment of our patients. We are still a new clinic in the health-care world and most of our patients have tried other treatments with little lasting benefit. Being able to provide an alternative and make a difference in people's lives is very rewarding.

Greatest Challenge:

There have been many challenges. We are doing something different in the health-care world and that has involved a lot of education and marketing. Other than that, we have the usual challenges such as financing to develop a team.

Help Received Along the Way:

My sister has experience using laser therapy to promote natural healing in the health-care field. Her guidance has been previous. My husband has been fully supportive and provides financial direction. I have been involved with one of NLOWE's Mastermind Groups and this has become an important group of mentors for me.

Words of Wisdom:

Start with a vision, surround yourself with talented people that share this vision, and do not lose sight of your goals.

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